

Appendix 6-3.2 Sample TTO Worksheet with Alternative - 2 Progressively decreasing

**Health state (Quadriplegia) valuation worksheet -1**

We want to know your opinion about the burden that different diseases represent to individuals and families who are affected by them. By burden we mean loss of physical and social functioning (Mobility, self care and usual activities, physical and mental discomfort, anxiety or depression and loss of cognition. We do not have in mind the economic burden to society (for instance loss of production or incomes), and you should not take them into account when you respond to the question below.

**Quadriplegia**

- Totally dependent for mobility.
- Totally dependent for self care.
- Many problems in performing usual activities like work, employment, household work , etc.
- Moderate, discomfoting pain.
- Much anxiety or depression.
- No impairment of cognitive function. No cognitive problems

**Alt.-2:Progressively Decreasing**

Imagine your age as 50.

Imagine that you are living in the health state described above, and must choose between two alternatives:

Alternative 1: You may continue to live in this health state for the rest of your life, that is, 12 more years.

Alternative 2: You may accept a medical intervention that will improve your health state to perfect health, but will reduce your life expectancy. Alternative 2, in other words, allows you to live a shorter number of years, but in better health.

We would like to know the smallest number of years of perfectly healthy life you would accept in exchange for the 32 years in the reduced state of health described above. If you find the health state above to be extremely undesirable, you may be willing to trade it for a fairly short period of perfectly healthy life. On the other hand, if the health state above is rather mild in severity, then you may not want to give up much of your remaining life expectancy for an improvement to perfect health.

Below we present a series of choices representing this tradeoff. Each row should be considered as a separate decision question. For each situation (row), please indicate whether you would definitely prefer alternative 1 (mark the box on the left), would definitely prefer alternative 2 (mark the box on the right), or would find it difficult to choose between the two (mark the box

You should start with the first row and then continue to answer each question until you reach a situation for

Prefer Alt-1	Alternative-1	Doubt	Alternative-2	Prefer Alt-2
<input type="checkbox"/>	Live another 12 years with Quadriplegia	<input type="checkbox"/>	Live a perfectly healthy life for another 11.4 years.	<input type="checkbox"/>
<input type="checkbox"/>	Live another 12 years with Quadriplegia	<input type="checkbox"/>	Live a perfectly healthy life for another 10.8 years.	<input type="checkbox"/>
<input type="checkbox"/>	Live another 12 years with Quadriplegia	<input type="checkbox"/>	Live a perfectly healthy life for another 9.6 years.	<input type="checkbox"/>
<input type="checkbox"/>	Live another 12 years with Quadriplegia	<input type="checkbox"/>	Live a perfectly healthy life for another 8.4 years.	<input type="checkbox"/>
<input type="checkbox"/>	Live another 12 years with Quadriplegia	<input type="checkbox"/>	Live a perfectly healthy life for another 7.2 years.	<input type="checkbox"/>
<input type="checkbox"/>	Live another 12 years with Quadriplegia	<input type="checkbox"/>	Live a perfectly healthy life for another 4.8 years.	<input type="checkbox"/>
<input type="checkbox"/>	Live another 12 years with Quadriplegia	<input type="checkbox"/>	Live a perfectly healthy life for another 3.6 years.	<input type="checkbox"/>
<input type="checkbox"/>	Live another 12 years with Quadriplegia	<input type="checkbox"/>	Live a perfectly healthy life for another 2.4 years.	<input type="checkbox"/>
<input type="checkbox"/>	Live another 12 years with Quadriplegia	<input type="checkbox"/>	Live a perfectly healthy life for another 1.2 years.	<input type="checkbox"/>
<input type="checkbox"/>	Live another 12 years with Quadriplegia	<input type="checkbox"/>	Live a perfectly healthy life for another 0.6 years.	<input type="checkbox"/>

Your indifference point:

Live another 12 years with Quadriplegia



Years of perfectly healthy life.